



CHOICES

Increase vocabulary and create opportunities to communicate by offering choices



- ❖ Choices of two items, for example, “orange or apple?” can be given throughout the day. Use toys, videos, food, drinks, clothes, etc.
- ❖ Say each choice and show items at the same time. Your child may reach for / point to / or ask for the one they want.
- ❖ Offer a choice even when you can guess what the answer will be. If the child points to the one that you know they don’t like or don’t want, still give it to them to encourage your child to learn how to make the right choice.
- ❖ Give your child the language once they have made the choice, for example, “orange”, at a single word level, or “I want orange” at a sentence level.
- ❖ Have a special time with your child every day where your child can choose an activity / toy / book, and you follow their lead.

Have fun!

Notice and enjoy the good choices your little one makes!